

# HIGH SCHOOL PREP 101

Building Success from Day One



## SIX TOPICS

**Mindful minds:** How to manage your mind to perform at its best

**Optimized organizer:** Strategies to help you manage time, tasks, and tests

**Confident communicator:** Tips for talking to teachers, peers, and adults

**Goal-getter:** Tips on how to set goals and develop the perseverance to see them come to life

**Brainy breakthroughs:** How to develop skills to better solve problems

**Study skills:** Preparing students with the skills they need to be better learners and achievers

**Cost:** \$500

## DETAILS

This summer camp is tailored for **rising freshmen** preparing for their next chapter: High school!

### Two sessions to choose from:

June 23-26: 10 a.m. to noon

July 21-24: 10 a.m. to noon

**Session 1:** Icebreakers and mindful minds

**Session 2:** Optimized organizer and brainy breakthroughs

**Session 3:** Confident communicator and goal-getter

**Session 4:** Study skills and Cornell notes

## CONNECT

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